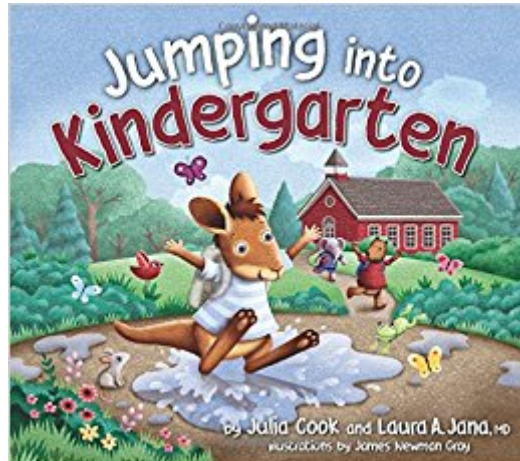




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# Jumping Into Kindergarten



## Synopsis

Starting kindergarten represents a major milestone in the lives of young children (and their parents!). It is an important step into the unknown that while exciting can also be the cause of nervous anticipation for everyone involved. The good news is that it doesn't have to be scary! Today's technology-driven world is complex and changing rapidly. As it does, the expectations of what our children need to know when they enter kindergarten have changed as well. There is growing anxiety around how to define and instill a new and improved set of school-readiness skills that will best help them to succeed. In this fun, creative story from bestselling authors Julia Cook and Laura A. Jana, parents and educators can more clearly understand the important connection that exists between everyday behaviors and the foundational development of valuable, 21st century life-skills during early childhood. This book also includes creative, practical tips to implement these skills in the home and classroom. Follow Roo as he figures out how to use and apply his amazing "QI" (pronounced key) skills: ME, WE, WHY, WILL, WIGGLE, WOBBLE, and WHAT IF. I love to move around and explore, so my favorite skill is WIGGLE. I can jump into things, and reach for the stars. And bend and stretch and jiggle! With his backpack of "super cool" skills and a head full of questions, Roo is excited to jump into kindergarten, and your children will be too!

## Book Information

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## Customer Reviews

As a Preschool, Young 5's, and Kindergarten teacher for the last 16 years, I have not come across a book that get's it like this one. Children who come into kindergarten with these skills will be more

confident and parents will feel more at ease. --Dawn Luckritz This book beautifully captures what we all know to be true - that who our children become is as important as what they know. --Jo Kirchner - CEO, Primrose Schools A must-read for all children getting ready to start kindergarten...amazingly fun and engaging book that also teaches key skills that will be critical to their success in both kindergarten and life! --Dr. Tanya Remer Altmann Pediatrician Editor-in-Chief of the American Academy of Pediatrics' Birth to Five

Julia Cook, MS is a national award winning children's author, counselor and parenting expert. She has presented in over 800 schools across the country, regularly delivers keynote addresses at national education and counseling conferences, and has published over 70 children's books. The goal behind all of Julia's books and efforts is to actively involve young people into her fun and creative stories and teach them to become life-long problem solvers. Inspirations for her books come from working with children and carefully listening to parents and teachers. Dr. Laura A. Jana is a pediatrician and nationally acclaimed parenting book author who currently holds a faculty appointment at Penn State University's Prevention Research Center. Having first gained national recognition through her work with world-renowned pediatrician, Dr. Benjamin Spock, she has more than two decades experience working with parents, early educators, news media, academia, government organizations, non-profits and corporations alike. Her recently released parenting book, *The Toddler Brain: Nurture the Skills Today That Will Shape Your Child's Tomorrow*, is responsible for introducing the fundamentally important concept of QI Skills and conveying the powerful role parents/caregivers play in their development during the foundational first 5 years.

I have been a fan of Julia Cook since I read it's hard to be a verb book to my 6 year old verb. I have read so many of her books to him. Now he is 9 old and I find him reading those books to his 1 year old brother. When I heard there was a jumping into kindergarten book I thought why not. So we received the book jumping into kindergarten and I as I read it to my one year I was suprised to hear my 9 year old say that is a really good way to illustrate those special skills. Then I read the part where you turn I just can't do it to I just can't do it yet and my 9 year old says hey my teacher says that all the time and I like it. So where am I going with all this, simple this book is GREAT whether you have a one year old, a preschooler, a young one starting kindergarten or even an older sibling who likes to be reminded he can still have the power of an invisible backpack. Julia Cook thank you for your wisdom within your books and the joy they have brought to my family.

As a school counselor I love sharing Julia's books with my students. This book gives us a chance to look at the skills we have and what we can look forward to learning. Not all kids come to kindergarten with the same skill set, so this is a great chance to start that discussion of how we can encourage others and ourselves. It also gives me that chance to talk about differences, we aren't all the same and kids start comparing themselves way too early. We can teach kids to celebrate with each other learning new skills. I LOVE that Julia incorporated GROWTH MINDSET thinking by introducing the term YET in this book. Once again, Julia has brought us a book that kids will love and this one parents can see how to help their child grow new skills! THANK YOU Julia!

Love this story and so do my kinder babies. Julia Cook is an amazing author. I own all of her books and a few of the activity guide.

Love this book as a year long story and study guide for Kindergarten. As an elementary school counselor and former Kindergarten teacher, these skills are so fun and necessary for the younger set. Children all come into our classrooms with quite different skill sets, but our ultimate job is to help them all grow and become the best they can be!! Thank you Julia for yet another way to incorporate learning and social skills into the lives of 5 and 6 year olds. A book that will be used all year long!!!! The illustrations are amazing!

This may be a good book for parents to read to their child. Parents would have time to explain the concepts in the book in greater detail. As a teacher hoping to read it to my students, I don't like it. The book assumes children have gone to preschool when many children haven't. It starts by talking about how kids can feel good because they already know how to button, zip, and rhyme. Traditionally, about half of my students can't do these things as they enter school. Explaining the many skills that the author writes about, and giving further examples so that the children understand, would take a lot of time. Kindergarten students simply don't have the attention span or background knowledge that this book is expecting.

My 3-year-old received this book as a gift prior to starting preschool (we sub the word kindergarten with preschool!) It has quickly become one of our nightly favorites and I feel really made him excited for his next chapter. We are looking forward to reading more books from this author.

I was super excited about this book. I was hopeful that I could use it with my kindergartners at the

start of the school year, but it is way too wordy and confusing to use with new to English students and first time kindergartners, not to mention way too long.

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